Widespread and Increasing
Chronic conditions like diabetes, hypertension, and COPD are widespread and increasing. These conditions often require regular monitoring and management, making virtual health a promising model.

Great candidates for virtual health
- Diabetes
- Cardiovascular disease
- COPD
- Behavioral health
- Great candidates for virtual health
- Widespread and increasing
- Chronic conditions like diabetes, hypertension, and COPD
- Patients need a more holistic approach to maintaining their overall health. Home-based virtual health is a promising model.

Big benefits for hospitals and clinics
- Extends clinical reach and widens access
- Simplifies provider workflow and improves productivity
- Expands capacity and addresses physician shortages
- Improves efficiency, saves costs, and provides RPM reimbursement

Simplicity is a major plus. Virtual health solutions offer a cost-effective and convenient way for patients to monitor their health and for providers to stay connected.

At Lenovo, we believe in patient-first healthcare powered by people-first technology.

Sources
1 World Health Organization, “Noncommunicable Diseases,” April 2021
2 American College of Rheumatology Journal (Open ACR Rheumatol.), “The Relation of the Chronic Disease Epidemic to the Health Care Crisis,” March 2020
3 Business Insider, “The technology, devices, and benefits of remote patient monitoring in the healthcare industry,” March 2021
5 Suvana study for Sony, “U.S. consumer attitudes towards specialized remote health monitoring devices,” June 2020
6 mHealth Intelligence, “88% of Providers Investing in Remote Patient Monitoring Tech,” November 2019

What is remote patient monitoring?
- Care provider and patients stay connected between visits
- Patients use biometric devices and wearables to take vitals at home
- Providers get objective data and increased visibility into patient care plan adherence
- Clinicians can monitor, evaluate, and intervene as needed

RPM knowledge is power
- RPM is data-driven. Analyzing the patient data requires computing devices with the right performance for analytics and reporting. The Lenovo ThinkPad® X1 Nano, powered by the Intel vPro® platform, delivers unrivaled collaboration while offering comprehensive hardware-based security features for healthcare business solutions.

RPM adoption is skyrocketing
- 88% of chronic disease patients would manage their condition better with RPM devices
- 88% of providers have invested in or are evaluating investments in RPM technologies
- 80% of American adults favor RPM
- US patients will use RPM tools by 2024

Together with our partners, we are pioneering virtual health solutions for both in-hospital and home-based care. When you’re ready, we’re here to help.